

Trinity House Orthondontics

Be Proud
OF YOUR SMILE

- **Advice and treatment for adults and children**
- **Removable and fixed braces**
- **Invisible/lingual braces**
- **Orthodontic implants**
- **CT scanning**
- **Finance available**

NHS

BDA Good Practice
Member

www.trinityhouse-orthodontics.co.uk

The seven Trinity House centres and outreach clinics offer clinical expertise, experience and the most sophisticated treatment technology available in orthodontics.

Our highly dedicated and trained team is there to develop and guide you through individual treatment solutions to meet and exceed your expectations. From the receptionist team through to the clinical, administrative and treatment co-ordination team, we are here to welcome you and look after you throughout your journey with us.

The team under Dirk Schuth's guidance has looked after and cared for in excess of 100,000 cases referrals over the last 25 years. Many of our patients are seen on referral and word of mouth from patients previously treated by us. This wealth of experience ensures that any treatment provided is carried out to the highest standards, and is most cost effective and affordable.

We work closely with the relevant authorities, and offer access for those needing treatment and advice free at the point of service.

Our Private fees are flexibly structured, and during normal working hours we can offer treatment at some of the lowest cost points compared with the local and wider orthodontic market, whilst allowing for individual treatment needs and requests. We are always open to second opinions and cost-effective alternative solutions if you feel you need to shop around a little before making your mind up about treatment.

Communication and understanding are top of our agenda when we meet you at the practice. This allows us to develop your or your child's individual treatment requirements and expectations.

Our team is looking forward to meeting you.

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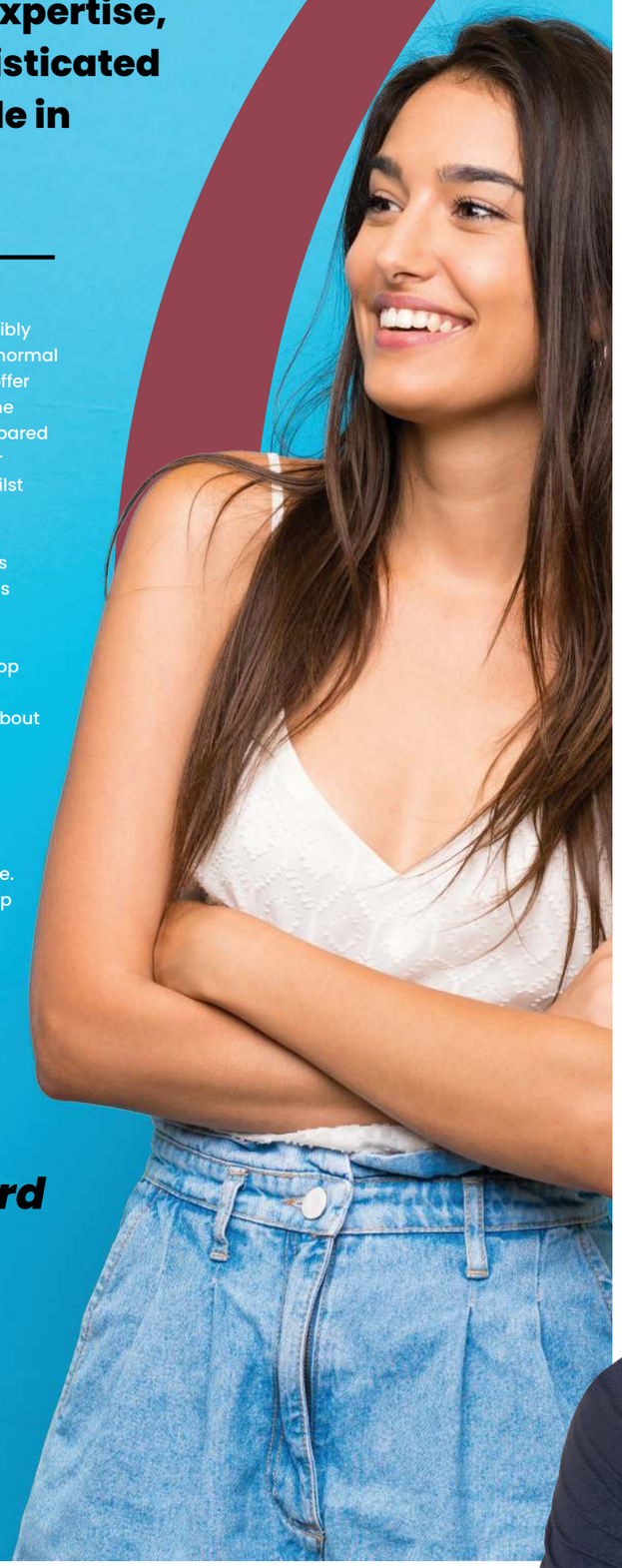


Trinity House Orthondontics

Welcome.

To your personal journey at Trinity House Orthodontics.

BDA Good Practice
Member

Our approach is reflected in attention to fine detail, by the service we provide, and also by the environment, which is contemporary and spacious. We offer both the modern American approach of our open plan clinic with Oral Health Education stations, treatment stations, as well as individual surgeries and consultation rooms. The practice boasts the latest technology in diagnosis including a CT-Scanner for complex cases, a 3D facial imaging scanner, digital model scanner as well as sophisticated patient education software.

In short, Trinity House Orthodontics provide the highest standards of clinical care and diagnosis in fantastic surroundings.



Dirk Schuth
Principal Orthodontist
BDS (Newc), FDSRCPS, FDS RCS(Ed), FDS, RCS, MOrthRCS(Eng + Ed) MDentSci(Leeds), PgCertClinEd

A beautiful smile... and more.



Orthodontic treatment creates a beautiful smile, but even more so, health benefits including prevention of dental disease such as uneven wear and problems with the way teeth bite together.

An orthodontist works in the field of dentistry addressing facial irregularities such as crooked teeth, crowding and prominent teeth as well as jaw alignment. Our approach is to help alleviate these problems in a team environment orientated around our patients. At our practice, you will find both specialist orthodontists as well dentists with a special interest in orthodontics and a highly trained support team.

Things are not what they use to be...

Years ago braces were not in vogue, but nowadays braces are all the rage. The latest braces fit in with your lifestyle. You can still do the things you love to do without modern appliances affecting your day to day life and hobbies.

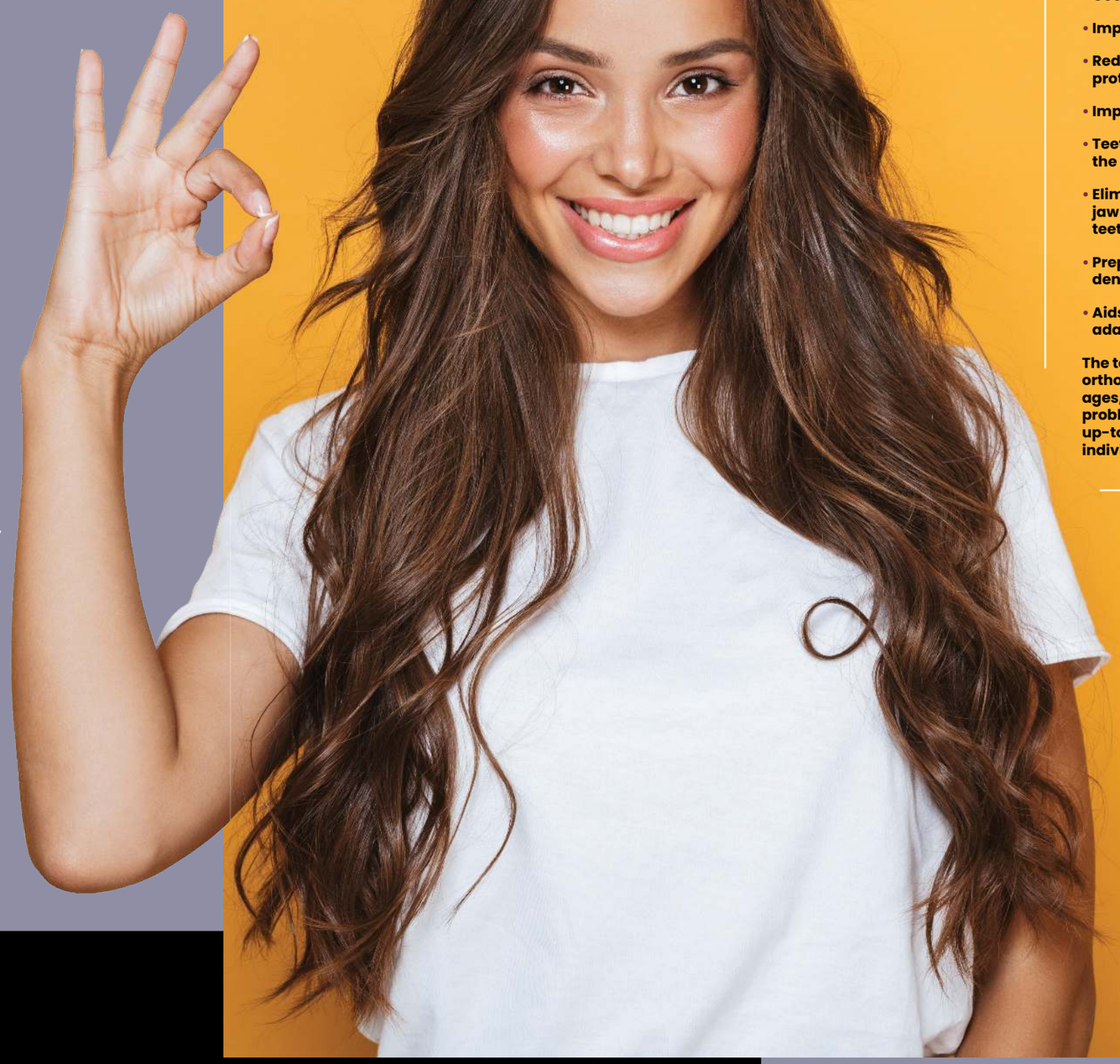
Contemporary braces make you feel a lot easier about the way that you look Even metal braces are smaller today: ceramic braces are tooth coloured and less visible, and Invisalign. Spark and Angel or lingual braces are hardly noticeable at all.

Looks Count!

In our times everyone is focused on appearance. People are more conscious about the way they look, and form an opinion on how we look quickly, so first impressions count. Research backs that people with better smiles do give a better impression.

An improved smile boosts self confidence and in turn, can lead to success all round.

Nowadays, orthodontic treatment is simple, convenient and affordable. The value of a healthy, beautiful smile is priceless. Anyone at any age can reap important benefits, so investing in orthodontics and your smile is an important investment in your future.



A good smile is for life

- **Good appearance and a great smile**
- **Improved self confidence**
- **Reduced risk of accidental injury to protruding teeth**
- **Improves the bite**
- **Teeth can be easier to clean, reducing the risk of decay and gum disease**
- **Eliminates undue stress on the jaw points and abnormal wear of the teeth**
- **Prepares the teeth for cosmetic work by dentists.**
- **Aids speech development and adaptation**

The team at trinity House can carry out orthodontic treatment for patients of all ages, even for complex or unique dental problems. We use a full range of the most up-to-date braces to meet the needs of individual patients.

> ***Just a few words about my treatment and final outcome. The treatment and service by everyone at Trinity House has been excellent. Any problems I had with my teeth were dealt with straight away. At the end of treatment my teeth are straight, perfect, excellent.***
>
> ***Well done Trinity House***
> ***Alexandra***

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What happens when you visit Trinity House Orthodontics?







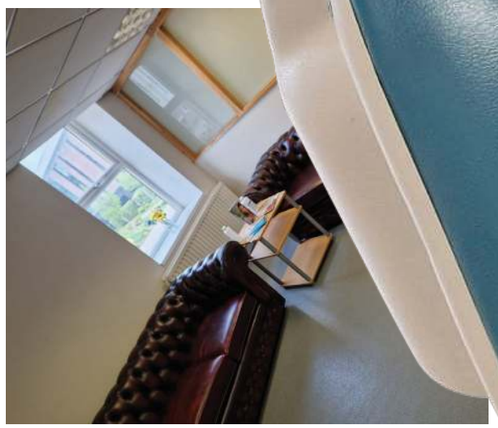


After your initial treatment, coordinators will arrange for necessary records such as x-rays, photos and 3D models of your teeth.

With the help of these records we arrange a treatment planning appointment to discuss our findings and explain clearly your treatment options. We will tailor your treatment needs and apply the most appropriate technology to your specific situation, and will answer any questions you may have. From here we will guide you step by step through the journey of getting the smile you have always wanted.

When a fixed brace is fitted, a longer appointment is required. As with all braces, the teeth will be tender to chew on, so you will need a fairly soft diet. The brace might rub your cheeks and the occasional ulcer is not unusual – it may be advisable to purchase some wax from reception which will help. Also, this is where the advice from our oral health educator applies as it is extremely important to clean your teeth well and avoid sugary snacks.





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Treatments

Private or NHS Treatment

There is always a choice to be made....

We are proud to provide excellent and efficient NHS services as well as private options. Children can be referred for NHS treatment as long as it commences before the age of 18. However, NHS treatment is only available where the malocclusion is moderate or severe and only certain appliances can be used.

Mild problems are classified as cosmetic and therefore need to be treated on a private basis, and usually adult patients are required to invest into their desire smile privately.

Adult Treatment

We carry out orthodontic treatment for patients of all ages, and work in unison with you and your dentist to achieve a fully – satisfying cosmetic result which will complement your lifestyle.

We use a full range of state-of-the-art braces which allows us to tailor our treatment to meet your needs.

We are experienced in the use of cutting edge cosmetic braces which make wearing of orthodontic appliances more acceptable to the adult patient.

The latest ceramic tooth-coloured brackets, white wires, transparent removable braces such as Invisalign and lingual braces are all available.

We understand that all adult patients often need to be seen outside office hours. Our private services allow us to accommodate those patients, so please call us for further information.

Children's Treatment

Orthodontic treatment has become a part of growing up for many children. Treatment during childhood can help to guarantee every young adult a dazzling smile.

Most times the NHS will cover moderate to severe displacements, but less severe cases will require private fees.

Private New Patient Journey:

Your free consultation will start with either an in practice or remote appointment with one of our Treatment Coordinators. We will discuss what you hope to achieve with your orthodontic treatment.

We will explain how orthodontic treatment works and discuss what type of treatment might be right for you. You will also have the opportunity to ask any questions you may have about treatment.

Finally, we will provide you with information about the payment options and finance plans we offer. If you want to start your smile journey straight away, we can get you booked in for xrays, 3D scans and photographs taking and then to see Dr Schuth for your personalised treatment plan.

Fees for private treatment

It is important to keep in mind the lifetime value that orthodontic treatment provides. The cost varies according to the nature of the problem but you may well be surprised to discover that orthodontics is less expensive than you thought. Costs are always confirmed in writing before any treatment begins.

Our consultations are free of charge and with a treatment coordinator. Treatment fees are individually assessed and depend upon the complexity of treatment. They range from £350.00 for removable appliances to £1900-£2500 for children's fixed appliances. Adult fixed appliances range from £3000 to £4000, and £5000-£8000 for lingual appliances. We always aim to deliver the finest care at the most reasonable cost to our patients.

We believe that financial considerations should not be an obstacle to a beautiful smile and therefore Trinity House Orthodontics offers various finance plans to help meet individual treatment needs. Financing with no initial payment can be arranged. In addition, 0% finance is available (subject to status) spread over a 24 month period. For your convenience, we accept all major credit cards.

Payment Plans

A straight smile should be available to everyone. We can help make your treatment more affordable by spreading out your payments over a period of 12 to 24 months.

Because each smile is different, we can't give you exact costs on treatment, but you can get a custom quote at your free consultation with us.

Flexible payment plans

To make orthodontic treatment more accessible, we offer interest-free payment plans by direct debit or standing order. You can start by paying the deposit, and pay the rest over an 18-month period!

Functional Appliances

Functional appliances can be used in conjunction with, or in preparation for, treatment with braces or aligners. They help to move your teeth and jaws into the proper positions.

Types of functional appliances

We have a functional appliance for every type of malocclusion at Trinity House. We will help you determine the best one to suit your needs.

Carriere® appliance

This appliance is used to help prepare your smile for treatment with braces or aligners. A smooth metal appliance will be fitted to the upper canine and first molar on each side of your mouth to address misalignments in the back teeth.





Twin Block

A Twin Block is one of the most commonly used functional appliances in orthodontics. It is a set of upper and lower removable plates that work together to correct jaw issues such as underbites and overbites.

The Twin Block is activated each time you swallow, talk or bite together. These actions exert a gentle pressure on the dental arches and help move the jaw into proper alignment.

Headgear and reverse headgear

Headgear is used to correct overbites in growing smiles by holding back the growth of the upper jaw. Headgear can also be used to make more space for teeth to grow in. Headgear needs to be worn approximately 12 to 22 hours a day to be most effective.

Reverse headgear is used for young who have under-developed upper jaws. The appliance puts forward traction on the upper jaw so that it can catch up in growth.

Beneslider

This device helps guide the permanent first molars backwards to make more space for incoming teeth. It is an alternative to headgear and helps prevent the need for extractions. The Beneslider can be used in conjunction with braces or aligner treatment.

What is a Beneslider appliance?

A beneslider appliance is an appliance that is placed in the roof of the mouth to push the back teeth back. This is used to treat a severe overjet (top teeth sticking out) or severe crowding of the upper front teeth.

How does a Beneslider work?

1 or 2 mini-implants (screws) are placed in the palate (roof of the mouth) under local anaesthetic. A metal band is placed on each of the first molar teeth and a wire goes from the metal bands to the mini implants. A spring is placed on the wire and it is this spring that will add the force to move the back teeth back (distalise).

How often do you need to wear the Beneslider?

The Beneslider appliance is fixed and it is worn full time.

Will the appliance be painful?

The mini-implants are placed under local anaesthesia. As the teeth start to move there may be some discomfort. This will last approximately 3-5 days and if necessary painkillers (paracetamol) can be taken. Please ensure you follow the instructions on the medication packet. As the beneslider is placed in the roof of the mouth speech may be affected for the first 1-2 days. The tongue may be irritated for 3-5 days. Eating and swallowing will seem strange for the first 24 hours but after that will return to normal.

How long will treatment take?

Typical treatment time with a beneslider appliance is 12 months, though this may vary depending on the patient's unique needs.



Types of Braces

Ceramic

Radiance plus



Technically Beautiful™

Radiance Plus delivers exceptional results with features other cosmetic brackets just can't match. This latest generation of Radiance is stronger and even more dazzling than the previous generation, with enhancements including Visual Placement Aids (VPAs) for bonding precision, and a thicker, stronger tie wing radius.

Clear Sapphire

Radiance Plus is the clearest ceramic twin bracket available, proven to be much clearer than other monocrystalline or polycrystalline ceramic systems. Each Radiance Plus bracket is created from a single crystal of pure grown sapphire – one of the hardest materials in nature, second only to diamond. The crystal is honed and heat polished into a remarkably strong and beautiful bracket that's nearly invisible on the teeth. A recent study appearing in the American Journal of Orthodontics and Dentofacial Orthopedics rates Radiance Plus as the most translucent of all monocrystalline brackets tested.

Performance

Radiance Plus delivers exceptional rotational control, thanks to optimum mesial-distal width on the maxillary centrals and cuspids. This greater anterior control allows accurate results without sacrificing aesthetics. Tie wing fracture risk is reduced, tie-ability is improved, and non-latex Visual Positioning Aids (VPAs) allow simple, accurate bracket placement every time, without the staining risk associated with other colour coding systems.

Strength

Radiance Plus's heat treated, monocrystalline formation gives it a solid core structure, and a proprietary heat polishing process creates just enough energy to smooth away any micro voids or flaws that could compromise the bracket's integrity. Sliding mechanics are improved, and the bracket resists torque fracture more than three times that of polycrystalline brackets. Increased tie wing thickness enhances its solid body, and a patented Quad Matte™ base provides amazing bond strength.

Fixed Metal

MASTER SERIES®

Master Series

Master Series® is the versatile, metal twin bracket system that orthodontists around the world have trusted for more than 30 years. All Master Series brackets feature a technologically advanced, visually intuitive design that seamlessly adapts with your clinical expertise. Master Series' patented Diagonal Torque and Diagonal Angulation makes bonding precision simple, delivering exceptional results with fewer wire bends. Choose traditional Master Series brackets, smaller Mini Master brackets, or our smallest Low Profile (LP) brackets depending on your treatment needs. The entire Master Series family delivers time-tested treatment that allows you to give your patients the smiles they deserve.

- Time Tested Treatment
- Innovative patented Diagonal Torque and Diagonal Angulation technology
- Reliable patented MR pads for proven bond strength
- Synchronized In-Outs throughout entire arch



Incognito™

Incognito

Incognito is the modern and invisible alternative to conventional braces. A perfect smile represents confidence and success in both your private and professional life. You feel great knowing not only do you look amazing but that your smile is a healthy smile. With straight teeth keeping them clean is easier so both your teeth and gums will be healthy for longer.

Incognito is a high-tech appliance for patients with all kinds of different malocclusions. It is completely invisible, easy to keep clean and the only one who knows you are having orthodontic treatment, is you. It is designed only for your teeth so not only does this mean it is a perfect fit but that you will get perfect results. Both the brackets and the wires of the Incognito appliance are manufactured individually with the latest state of the art CAD/CAM technology.

The remarkable flat design of the gold alloy brackets (anti-allergic) provides maximum patient comfort and rapid adaptation to speech.



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Trinity House Orthodontics

Aligner Treatment

invisalign

SPARK™ CLEAR ALIGNER SYSTEM

Champagne

conix stainless steel champagne coloured brackets truly offer the best of both worlds - the durability of stainless steel and the aesthetics of "white" gold. A unique proprietary process ensures these brackets will stay champagne for the duration of treatment. When matched with gold wire and clear ligatures, Iconix offers a complete patient pleasing cosmetic system that requires literally no sacrifice on your part.

- Aesthetic champagne colour
- Smooth zirconia finish guarantees champagne colour will not peel or brush away
- Available as LP Low Profile or Mini Master Series, utilizing diagonal torque and angulation for patient comfort and ease of placement
- Prescriptions available: Roth*, McLaughlin, Bennett, Trevisi*, Alexander*, Vertical Slot
- No change in technique required

angel aligner

Angel Aligners

Angelalign Technology Inc., is a global provider of clear aligner technology with evidence based clinical expertise. With over 20 years of experience and a commitment to research and digital innovation, Angelalign Technology Inc. has treated 1 million smiles¹, and is now expanding its expertise and global footprint.

Invisalign

The benefits for patients are clear! Virtually invisible so no-one can tell you are wearing braces.

There are no wires or brackets to cause irritation and patients can remove the aligners to eat and brush their teeth.



A clear alternative

By using a series of clear removable aligners, Invisalign straightens your teeth right before your eyes. Change them about every two weeks – your teeth will move, little by little, week by week, until they have moved to the final position your orthodontist or dentist has prescribed. Comfortable to wear, our aligners are also removable so you can eat, drink, brush, and floss as usual.

What is Invisalign?

Invisalign is the invisible way to straighten your teeth without braces. Invisalign uses a series of clear removable aligners to straighten your teeth without metal wires or brackets.

Invisalign has been proven effective in clinical research and in orthodontic practices throughout America.

Spark Aligners

Spark Aligners are made with TruGEN™, the latest innovation in clear aligner material. Spark's nearly invisible aligners are clearer and more comfortable.* In addition, we've designed them for more efficient and effective tooth movement.* Discover the difference Spark Clear Aligners can make for you when you try a product that's BPA, mercury, latex, and phthalate-free!
More Clear

Spark is a nearly invisible aligner. A discreet alternative to traditional braces.

More Comfortable

Spark is manufactured with polished and scalloped edges, providing a more comfortable treatment.

More Effective

Spark Aligners' targeted design, supports a more efficient and effective tooth movement.

Smile...
and the world smiles with you.

You are never fully dressed without your smile... and Dr Dirk Schuth, specialist orthodontist and his dedicated team take great pride in making sure you have a brilliant one.

As one of Britain's highly qualified specialist orthodontists, he has spent a lifetime practising the skills that have given a smile to thousands of patients, who previously felt self-conscious about their teeth.

"What fascinates me about my work is that modern techniques provide a pain free way to give my patients a smile that changes their lives forever"

says Dr Dirk Schuth.

The first thing that people notice when they meet you is your smile. After a course of orthodontic treatment at Dr Schuth's practice, your smile will light up any room that you enter.









"Our aim at Trinity House Orthodontics in Wakefield and Barnsley, where we have private consulting rooms and modern open plan surgeries, is to serve every patient, whether NHS or private, in a style that will complement the individual and provide patients with choices,"

Dr Schuth explains.

Every patient who he meets is reminded how a smile makes all the difference to the way you look and feel. "The boost in confidence that our orthodontic treatment gives to patients is a pleasure to behold," says Dr Schuth, whose impressive list of qualifications includes Membership in Orthodontics from the Royal College of Surgeons, Masters of Dental Science from Leeds University as well as two postgraduate fellowships.

Surveys have shown that eight out of ten people consider a pleasant smile to be one of life's most important assets.

"If you think your smile is letting you down, let our experts at Trinity House Orthodontics transform the way you look by enhancing it,"

says Dr Schuth.



Orthodontist: Dr Dirk Schuth

Why did you become an Orthodontist?
It is really quite pain free and life changing. I enjoy the life changing aspects that a straight smile has to offer.

What fascinates you about your work?
Modern braces can transform not only the smile but the patient as a whole, by boosting self esteem and confidence. Seeing a great smile that will carry my patient through life is what motivates me.

What is your chair-side style?
To serve each patient, whether NHS or private in a complimentary way. We offer choice and unique styles from private rooms to open plan, American style, state-of-the-art clinics. It's your choice.

What are your hobbies?
Global hunts for the sun and sea and occasionally hitting a ball with a stick. My children decide.

Best advice you ever received?
"The only constant in life is change" Socrates
Keep up and be the best

One thing you would teach every patient?
Let your smile make the difference. First impressions are lasting, so make it count

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SO...

Why Choose Us?

- **Over 25 years experience treating the whole family**
- **Convenient locations all across Yorkshire**
- **Modern technology and high-end equipment**
- **Insignia™ braces provider in the North of England**
- **Specialist orthodontists Diamond Invisalign® Providers**
- **Evening appointments available**
- **Interest-free finance plans**
- **Dental Monitoring to track your Invisalign® treatment at home**
- **Cosmetic dentistry - look and feel your very best**

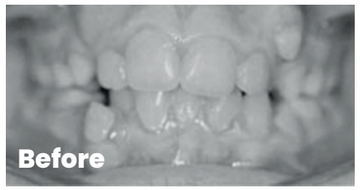
Orthodontic treatment has gone through a revolution over the past few years and treatment outcomes previously not thought possible can now be achieved.

Adults are discovering that today's high tech materials are light years away from 'the metal mouth' look they may have been familiar with as teenagers. Recent innovations include clear or tooth coloured brackets and the sophisticated engineering of the tooth moving wires has resulted in shorter treatment times and greater comfort.

The number of adults seeking orthodontic treatment has increased rapidly over the past 10 years. Treatment can be successful at any age as the biological process involved in tooth movement is the same in adults and children. Adults are now discovering that orthodontic treatment can be a route to better oral health and emotional well-being.









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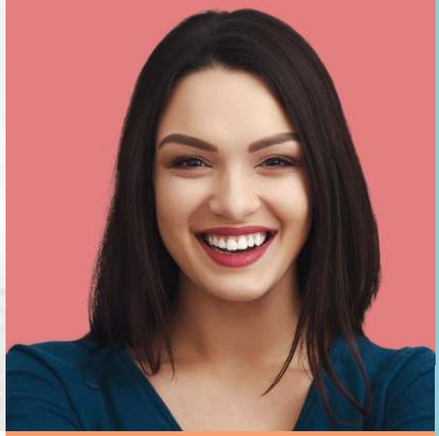
What did our patients think?

"

Just a few words about my treatment and final outcome of my teeth. The treatment and service by everyone at Trinity House has been excellent. Any problems I had with my teeth were dealt with straight away. At the end of treatment my teeth are straight, perfect, and excellent.
Well done Trinity House.

Alexandra



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I was unsure as to whether I wanted to wear a brace at first, as I thought it would hurt a lot.

However there was very little pain throughout the treatment.
The dentist and staff have been very helpful.

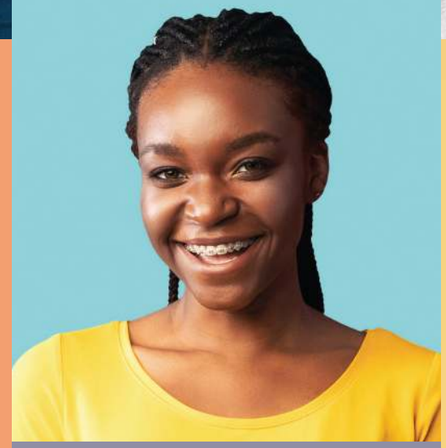
Daniel



"

To all the staff at Trinity House, I would like to thank you all for doing a fantastic job of my daughter's teeth. She is very pleased at the outcome and smiles all the time. I personally would like to thank everybody I have met for their pleasant and efficient manner and their dedication in doing a fine job. Thank you once again

Mrs U – Jodie's mum



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My time at Trinity House was not wasted. The persistence of the staff and their continued hard work ensured that after two years, I left with a set of perfect teeth. Since my treatment has been completed, I feel more confident about myself and smile. I owe it all to the great work of the orthodontists and Dr Schuth.

Dominic



"

I am very pleased with the end result after my treatment and although it took approximately two years to complete the treatment it was definitely worth it. All the staff who work alongside Dirk are very friendly and polite and make the whole process easier. Overall my experience of Trinity House Orthodontics has been a very positive process and I am very grateful for the end result of my teeth! Thank you!

Amy



Trinity House Orthondontics



Wakefield Practice
Borough Road
Wakefield
West Yorkshire
WF1 3AZ

01924 369696



Barnsley Practice
46 Shambles Street
Barnsley
South Yorkshire
S70 2SH

01226 770010



Selby Practice
New Lane
Selby
North Yorkshire
YO8 4QB

01757 701718



Hemsworth Practice
1 Highfield Rd
Hemsworth
Pontefract
WF9 4DP

01977 616123



Kershaw House Practice
55 Well Street
Bradford
West Yorkshire
BD1 5PD

01274 916213



Dudley Hill Practice
Unit 3 Knowles Lane
Bradford
West Yorkshire
BD4 9SW

01274 916184



Worksop Practice
38 Bridge Place
Worksop
Nottinghamshire
S80 1JS

01909 490968

For emergency appointments that are out of hours, please call 111.

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